

A photograph of a dirt path winding through a dense forest. The path is flanked by lush green ferns and other undergrowth. Tall, slender trees with thick trunks line the path, their branches reaching upwards. The lighting is soft and dappled, suggesting a canopy overhead. The overall scene is vibrant and natural.

# **Designing Inclusive, Place-Based STEM Activities with Technology: Enhancing Science Literacy Through the 4E's of Cognition**

**Elizabeth Ayers, MS RDMS RVT**



# Agenda

- Mentimeter
- Universal Design for Learning
- 4E's of Cognition
- Seek by iNaturalist app
- Q/A
- Play time!





# Liz who?

- Seattle native
- RIT/NTID instructor + sonographer /clinical instructor + mentor + advocate + more!
- Research interests: science/health literacy + UDL + increasing DHH representation in healthcare





# Mentimeter

- [www.menti.com](http://www.menti.com)
- Code **2245 2772**
  - Cool app to engage students!





# Mentimeter practice

- 1) Which state do you live in?
- 2) What topic(s) do you teach?
- 3) What type of setting do you teach/work in?





Join at [menti.com](https://menti.com) | use code 2245 2772

Mentimeter

## Which state do you live in?

19 responses



6

15



# What topic(s) do you teach?

17 responses

Math and science

Chemistry

Science

Statistics and Math

Science, stem, computer science

Chemistry, biology, math

Anatomy and Physiology

I have taught math, science, and social studies

English as a Foreign Language

Life Science

Science

ChemistryBiologyEarth and Space Sciences

Sciencesciencesciences

Methods for math and stemComputers in classroom

Chemistry Biology Physics. Environmental science

## What type of setting do you teach/work in?

11



Deaf school

0

DHH program in public school

0

Charter school

6



Other



# Mentimeter

- In one or few words, what is your memory of STEM instruction as a student?
  - either K-12 or postsecondary



**HETEROZYGOATS**



## In one or few words, what is your memory of STEM instruction as a student?

22 responses

I hate math

Always fun and exciting

New

Interesting

I don't remember any  
STEM related activities  
maybe I'm too old

I love stem. Hands on  
experiences!

informal learning champ  
fun!

Awesome memories of  
chemistry and biology!

Most of the experiences  
were not hands on... Prior  
to the internet

Complex

Empty

overwhelming

Classroom pets!

Slides, lab, classroom  
critters, internships. etc

Wish it was more hands  
on learning



## In one or few words, what is your memory of STEM instruction as a student?

22 responses

Most of the experiences were not hands on... Prior to the internet

Classroom pets!

Slides, lab, classroom critters, internships. etc

Wish it was more hands on learning

No interpreter

feeding the classroom snake

Didn't have STEM

Learning of Science using Technology Engineering and Matthew

Taking forensic science and doing labs helped me picture myself in a science career

"Oops" during a dissection!

[No Title]



# Problem: Literacy disparity

- Science literacy disparity between DHH and hearing peers (Smith & Samar, 2016)
- Textbook content is primarily expository
  - Unnatural form of thinking & discourse (Martin & Miller, 1988)
- Biology textbooks contain 45-50% more new words than foreign language books! (Thonney, 2016)





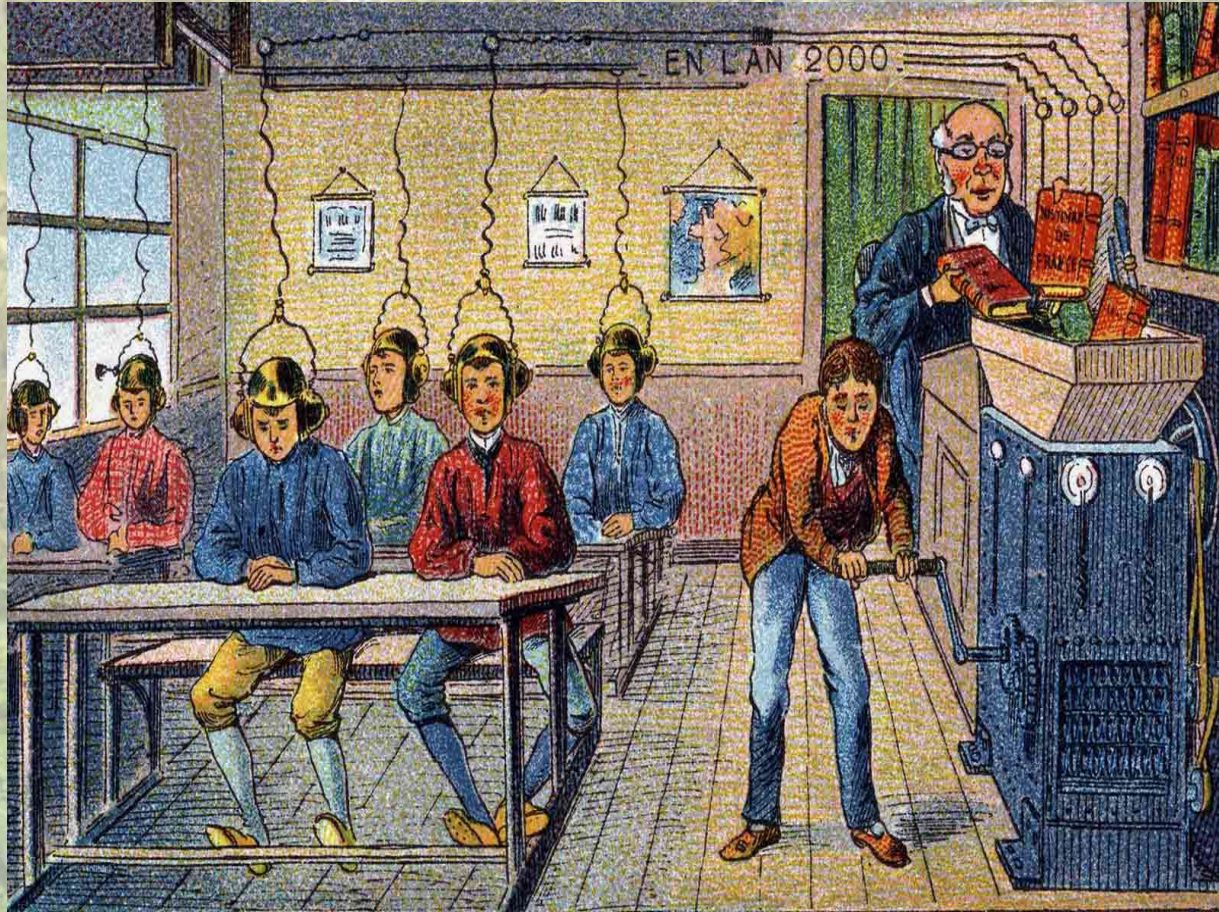
# “Sage on the Stage” approach

- STEM tends to be lecture dominant, instructor-centered
- Easiest form of instruction, but ... how effective is it?





# Student brains as vats to be filled



“At School” by Jean Marc Côté (1900)





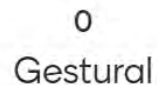
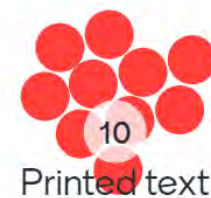
# Learning Modes

- Mentimeter: what is your best mode for learning new information?
  - Visual (graphics)
  - Aural
  - Printed text
  - Kinesthetic (movement)
  - Gestural
  - Spatial
  - Other?





# What is your best mode for learning new information?





## WHY UNIVERSAL DESIGN FOR LEARNING?

Classrooms are filled with students who:



- In addition to multiple learning modes:
  - **Sociocultural considerations**
    - Refugees/immigrants → English Language Learners (ELL)
    - Refugees/immigrants + DHH → ELL + ASL (depends)
  - **Varying literacy levels**
  - **DHH communication preferences**
    - ASL, oral, SimCom/SEE, Cued speech, etc.
  - **Intersectional identities**

**How incorporate multiple modes  
+ teach content?**



# Multiple learning modes → UDL!

## Key Questions to Consider When Planning Lessons

**Think about how learners will engage with the lesson.**



**Does the lesson provide options that can help all learners:**

- regulate their own learning?
- sustain effort and motivation?
- engage and interest all learners?

**Think about how information is presented to learners.**



**Does the information provide options that help all learners:**

- reach higher levels of comprehension and understanding?
- understand the symbols and expressions?
- perceive what needs to be learned?

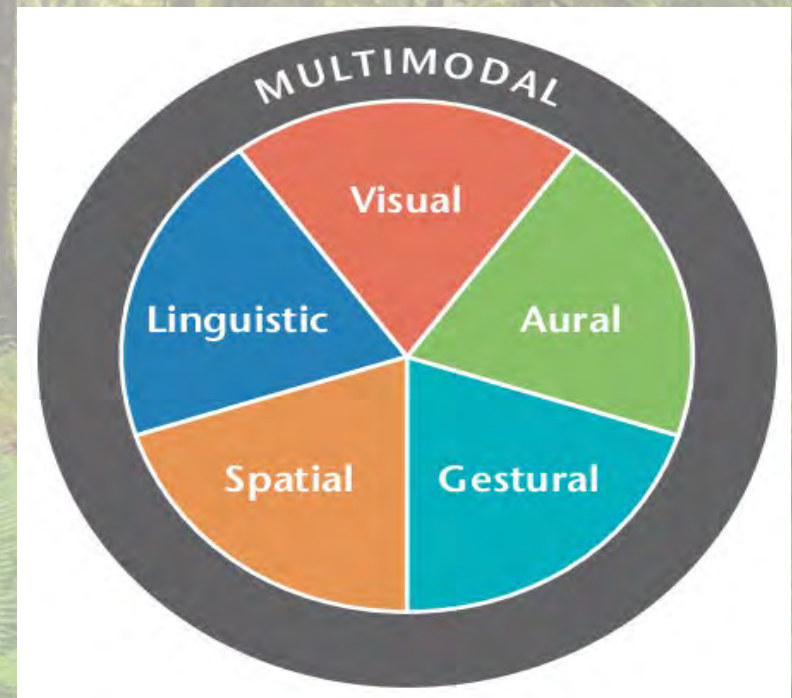
**Think about how learners are expected to act strategically & express themselves.**



**Does the activity provide options that help all learners:**

- act strategically?
- express themselves fluently?
- physically respond?

From: *Universal Design for Learning: Theory and Practice*  
Available at [udltheorypractice.cast.org](http://udltheorypractice.cast.org)



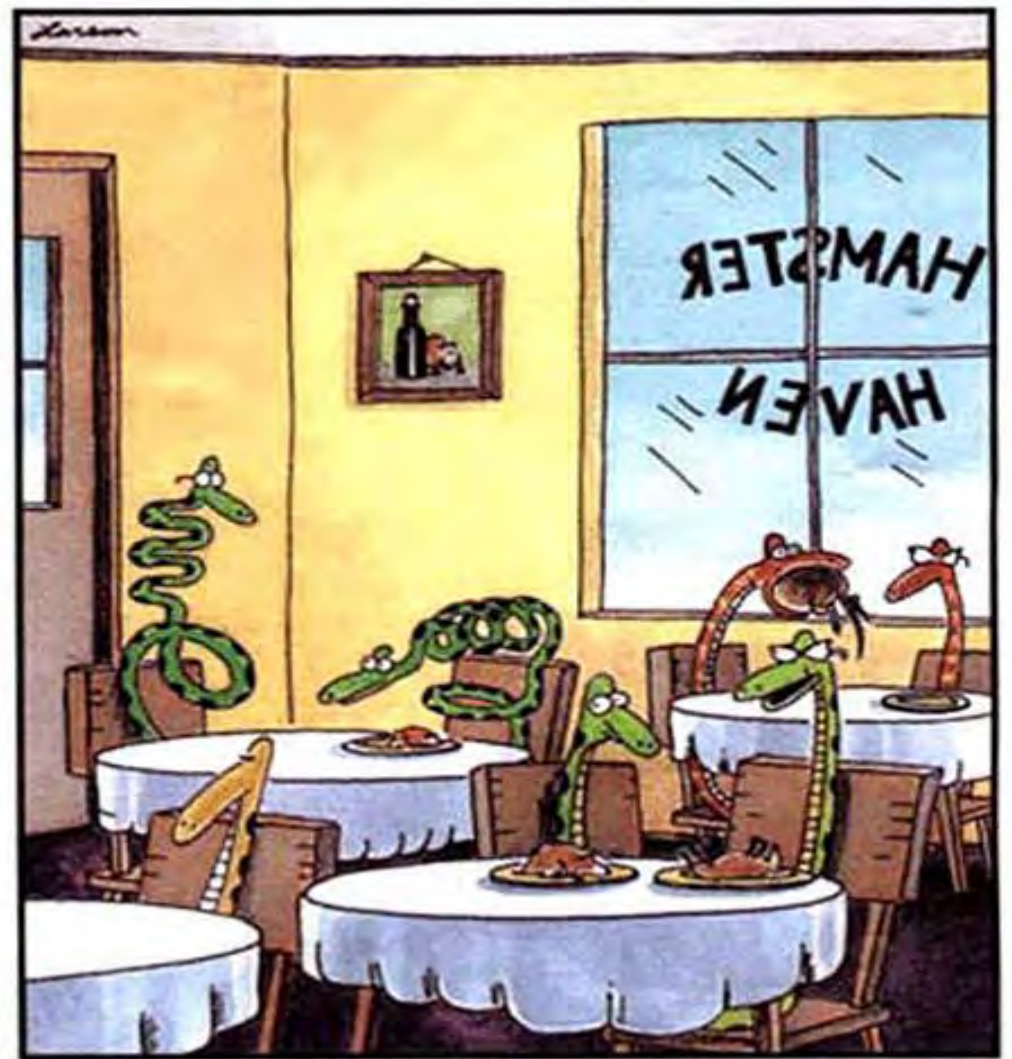


# UDL + Multimodal → Multiliteracy!

Over 300 languages are spoken in U.S. homes<sup>1</sup>

1 in 5 U.S. families speak a language other than English at home<sup>1</sup>

There are as many bilingual children in the world as there are monolinguals<sup>2</sup>



"Those snakes? Oh, they're just signing, honey."







# Now let's shift gears ...

- Mentimeter:  
What are the  
4E's of  
cognition?





## What are the 4E's of cognition?

13 responses

explore, explain,  
elaborate, evaluate

Not sure

Engage, explore,  
evaluate, extension

Engage

Explicit

Emergency, Eyesight,  
Easter, Eraser

Explore, estimate,  
enhancement, evaluate

Explore

Explore environmental

EvaluateEngage

Enhance

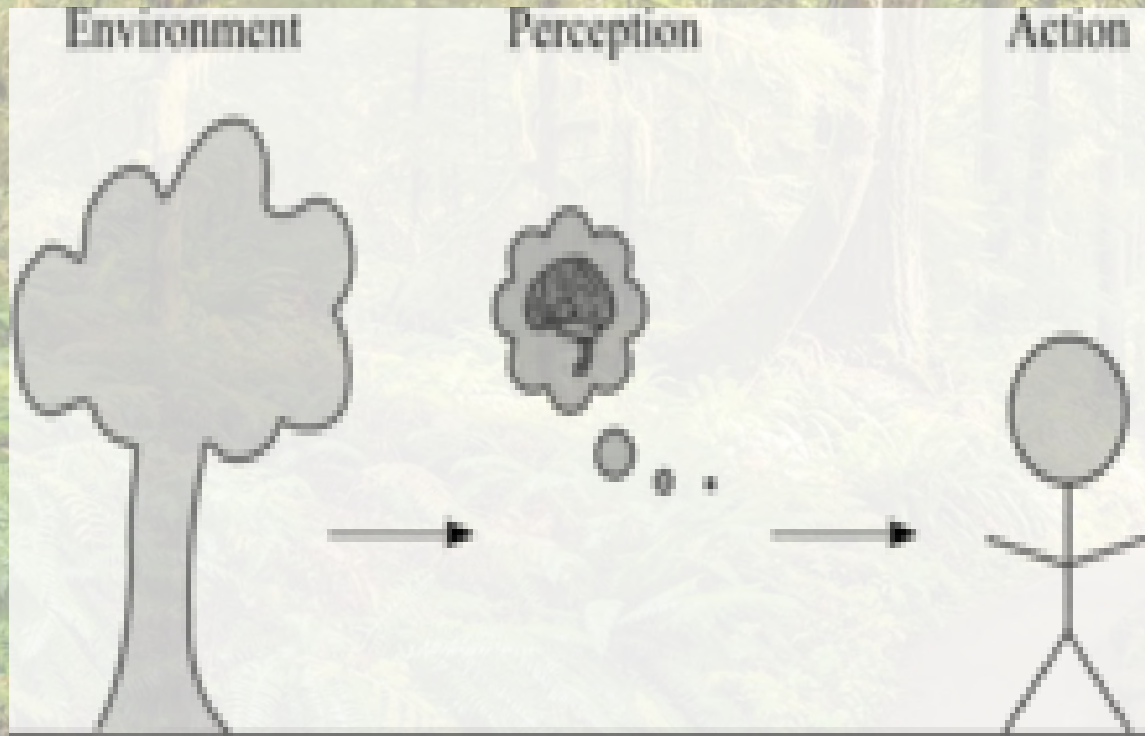
Educate, Explore,  
Experiment, Engage

Teachers planner



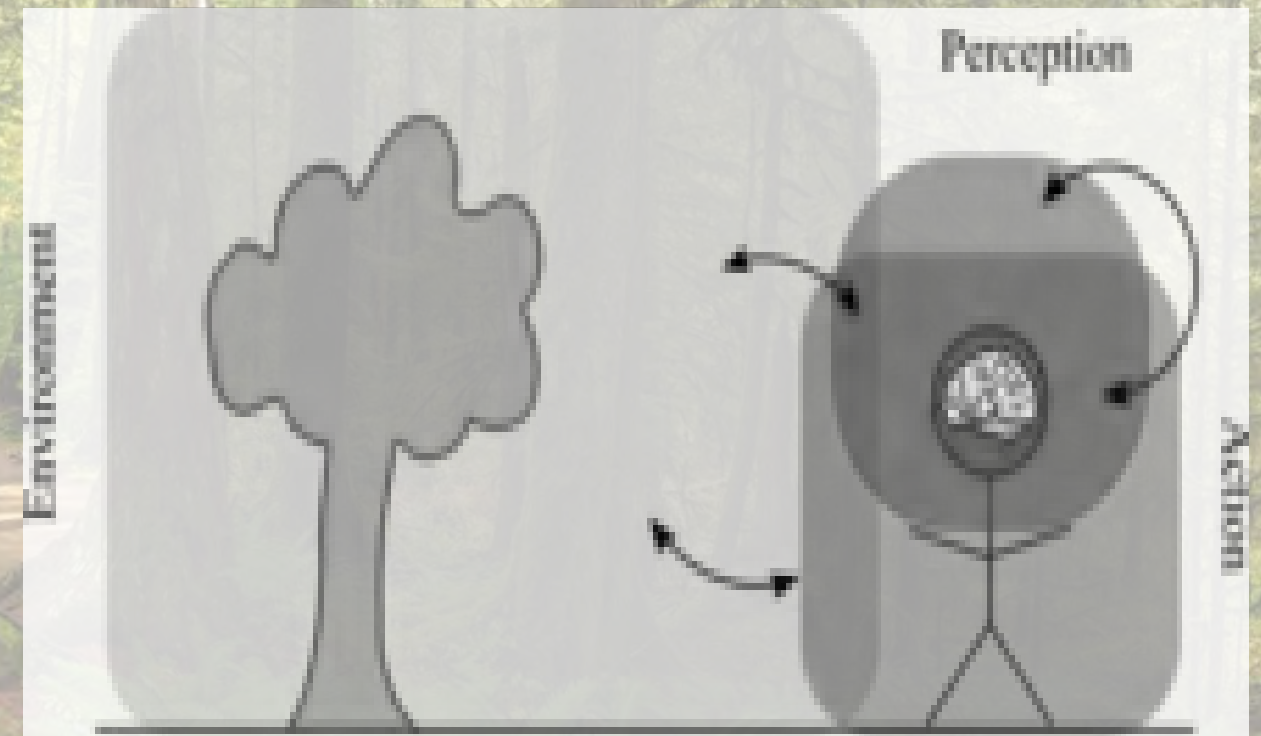
# Cognition

Cartesian model:  
mind separate from body



Classical Cartesian Model

Embodied:  
mind connected with body



Dynamic/Embodied Model



# 4E's of Cognition

## Situated Cognition

Social, cultural, physical context shape knowledge

### Embodied

Thinking through the body  
shape knowledge

### Enactive

Thinking through action  
shape knowledge

### Embedded

Thinking within artifacts  
shape knowledge

### Extended

Thinking through artifacts  
shape knowledge



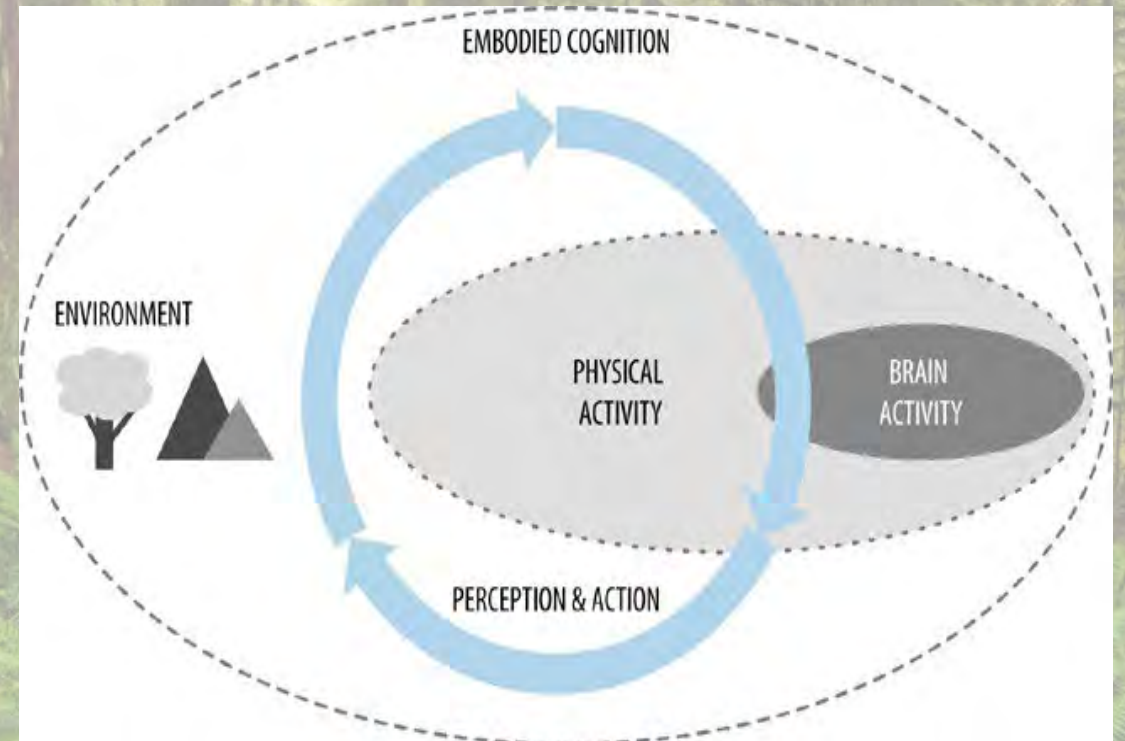
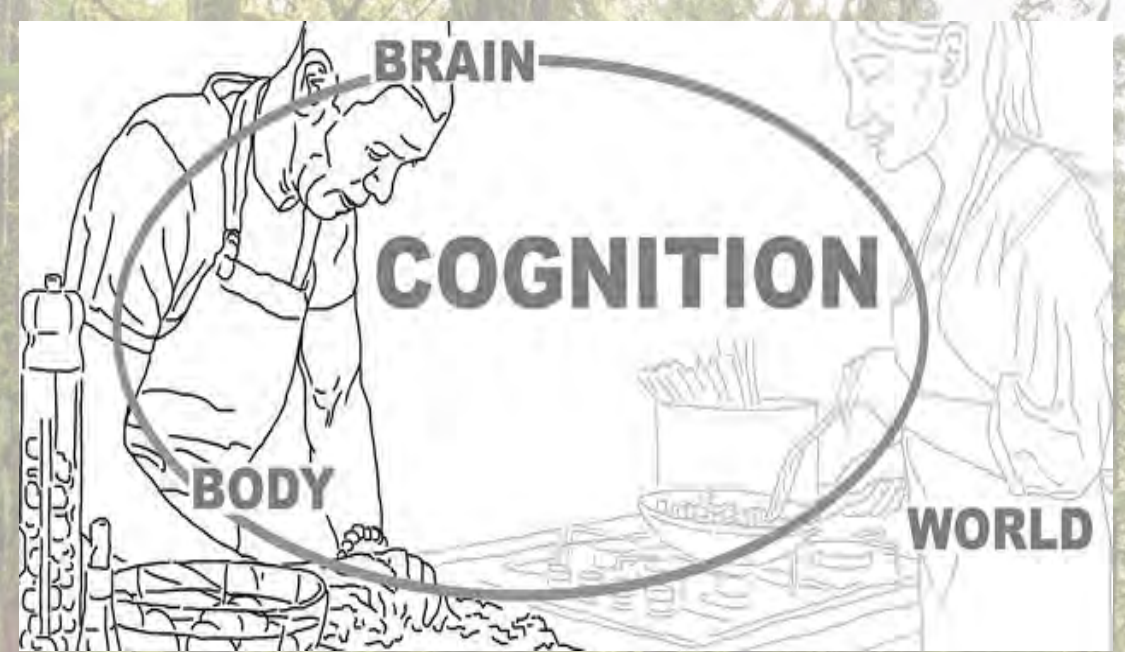
# Embodied Cognition

## Embodied

Thinking through the body  
shape knowledge



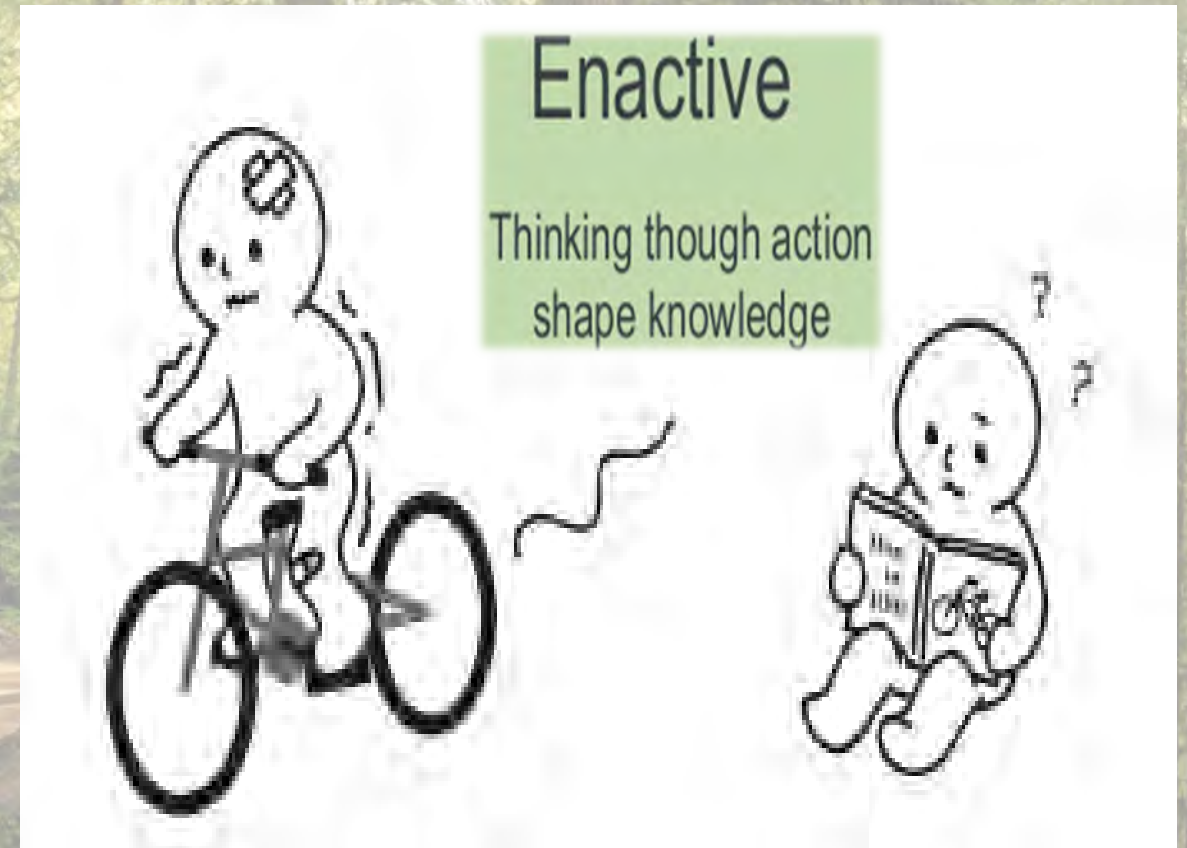
- Mind + body + environment = perception-action feedback





# Enactive Cognition

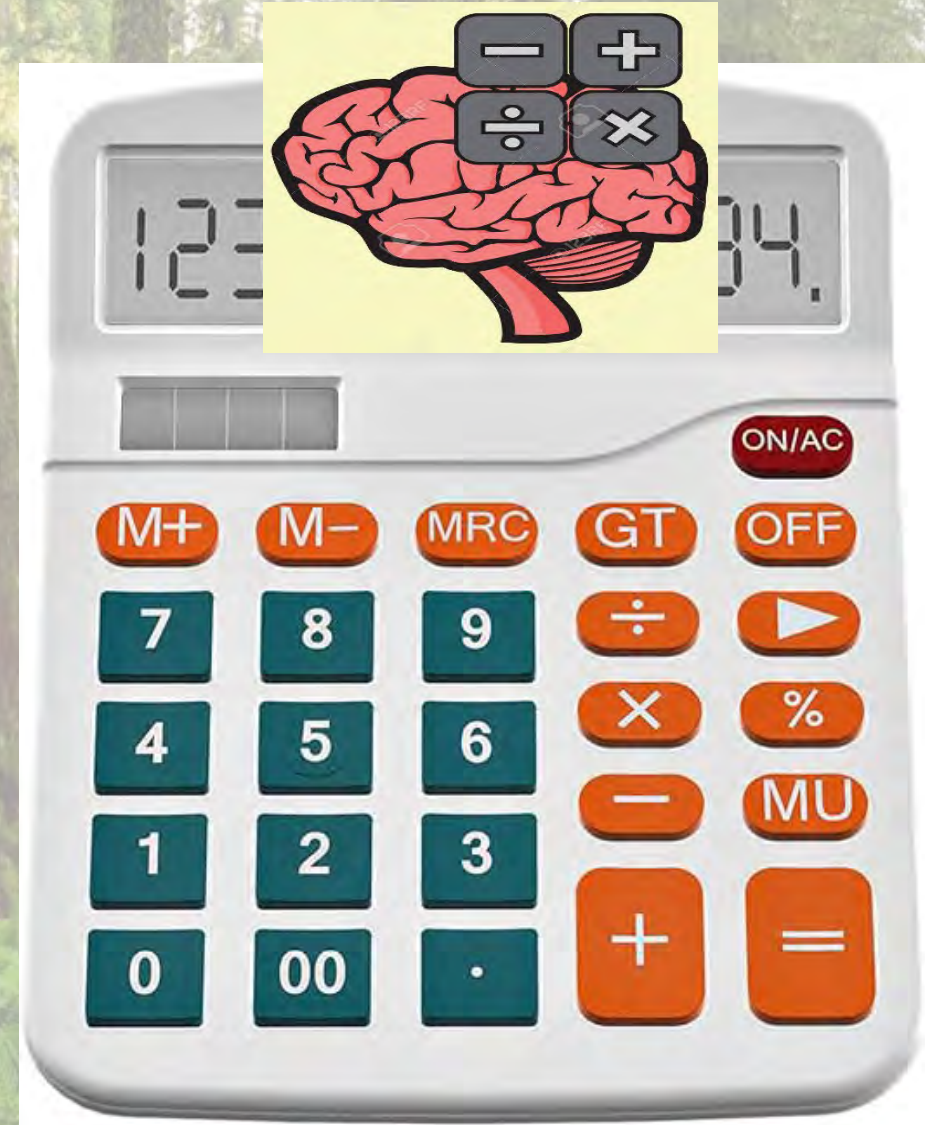
- Powder-asaurus or Stuck-asaurus?
  - <https://youtu.be/x3Pkadgw0aQ?si=q-5bo2f8QhqWNEIT>
- Active vs. passive learning: Is it possible to learn how to ride a bike (or snowboard) from instruction manuals/videos only?





# Embedded Cognition

- Cognition influenced by environment
- Tools reduce cognitive load
  - Calculator for long division problems
- Environment shapes planning
  - Grocery store: map shopping path based on store layout



Embedded

Thinking within artifacts  
shape knowledge



# Extended Cognition

- “Where does the mind stop and the rest of the world begin?”
  - Clark & Chalmers (1998)
- **Coupled system between mind and tool**
  - Calendar for important dates
  - Address book
  - Your smartphone!

Extended

Thinking through artifacts  
shape knowledge

## TRADITIONAL MIND VIEW

*You think with your brain*



Your brain is like a computer  
and the source of all cognition

it directs  
your body



which interacts  
with the world



## EXTENDED MIND THESIS

*You think with your brain, body, and the world*

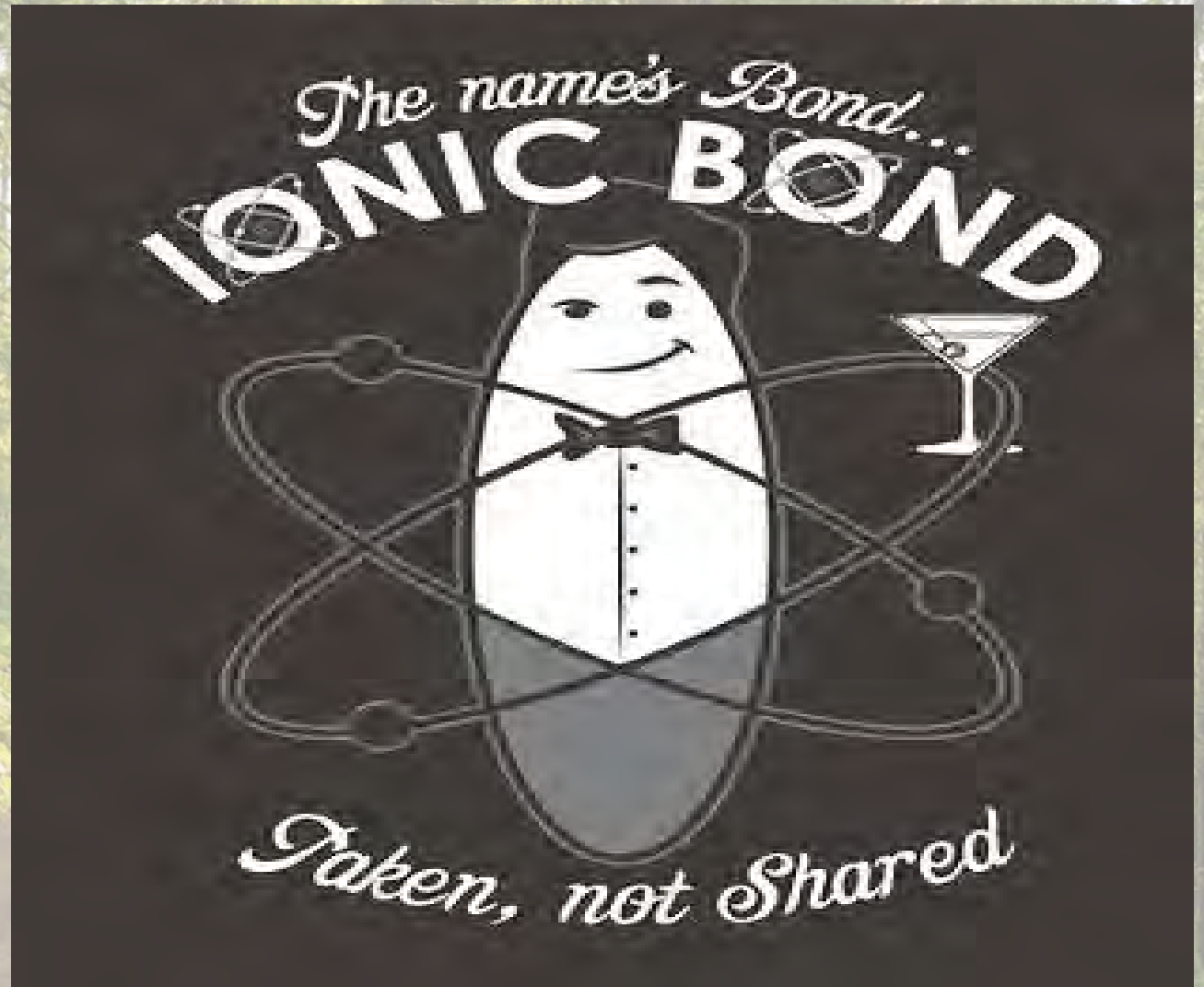




- Mentimeter:  
Can you think  
of other  
examples of  
extended  
cognition?

Extended

Thinking through artifacts  
shape knowledge







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 Mentimeter

## Can you think of other examples of extended cognition?

10 responses

gps

My car... Don't go  
anywhere without it

apps

Boron's a moron. He  
always breaks the rules.

Chatgpt

Anchor charts?

Google

Themometer, Barometer

Laptop, GPS,

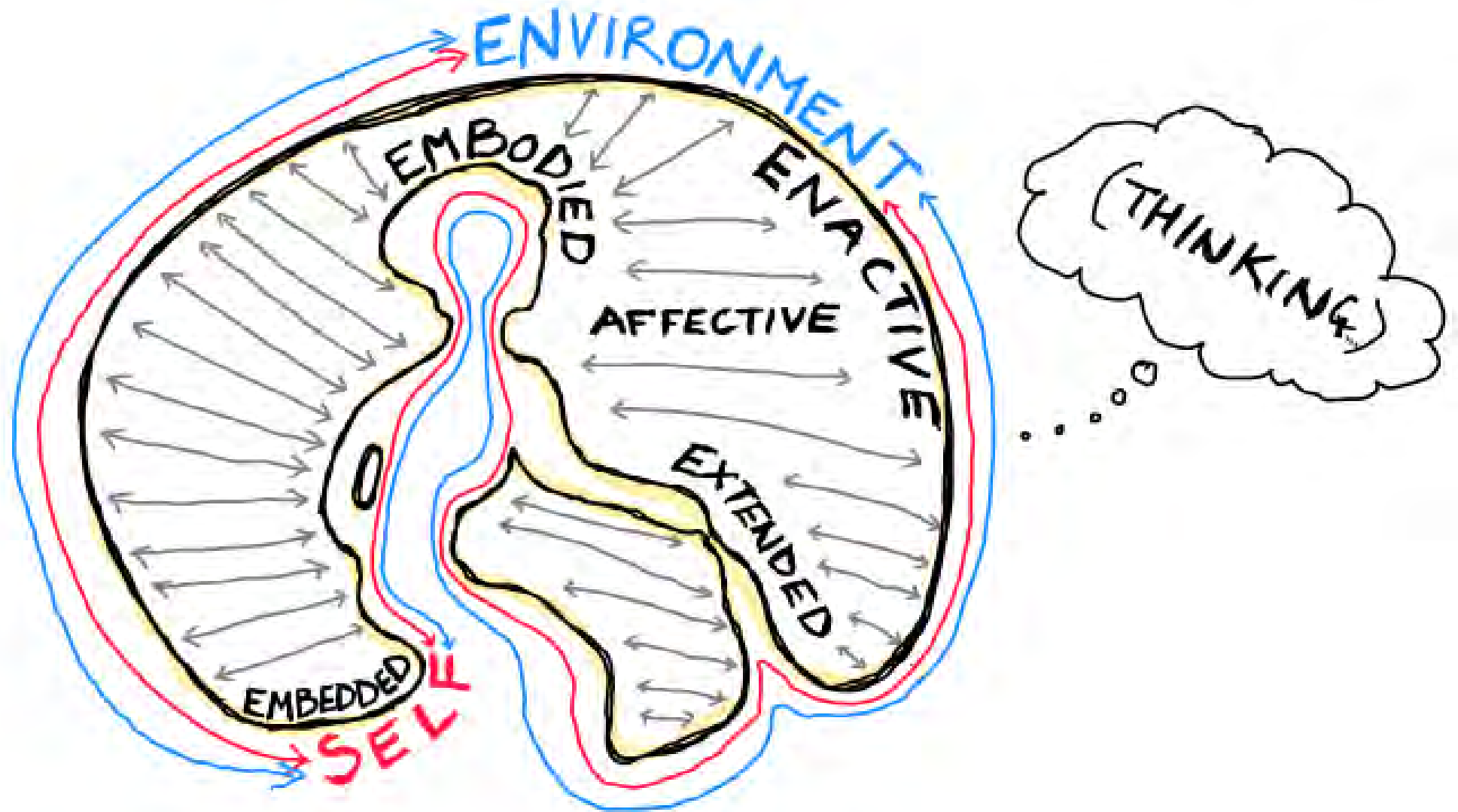
Cozi planner



10



# In a nutshell... 4E cognition





# Seek by iNaturalist app

- Citizen science = community + scientists
  - *eBird* – 5 million observations by community members monthly!

- Advantages:

- **Identity** → enhance knowledge, strengthen connection to community, self-efficacy (Smith et al., 2021)
- **Literacy** → barriers removed by non-text, accessible interfaces (Bonney et al., 2014)
- **Community service + instruction = *service learning*** → positive effects on identity & sense of belonging (Osborne et al., 1998)

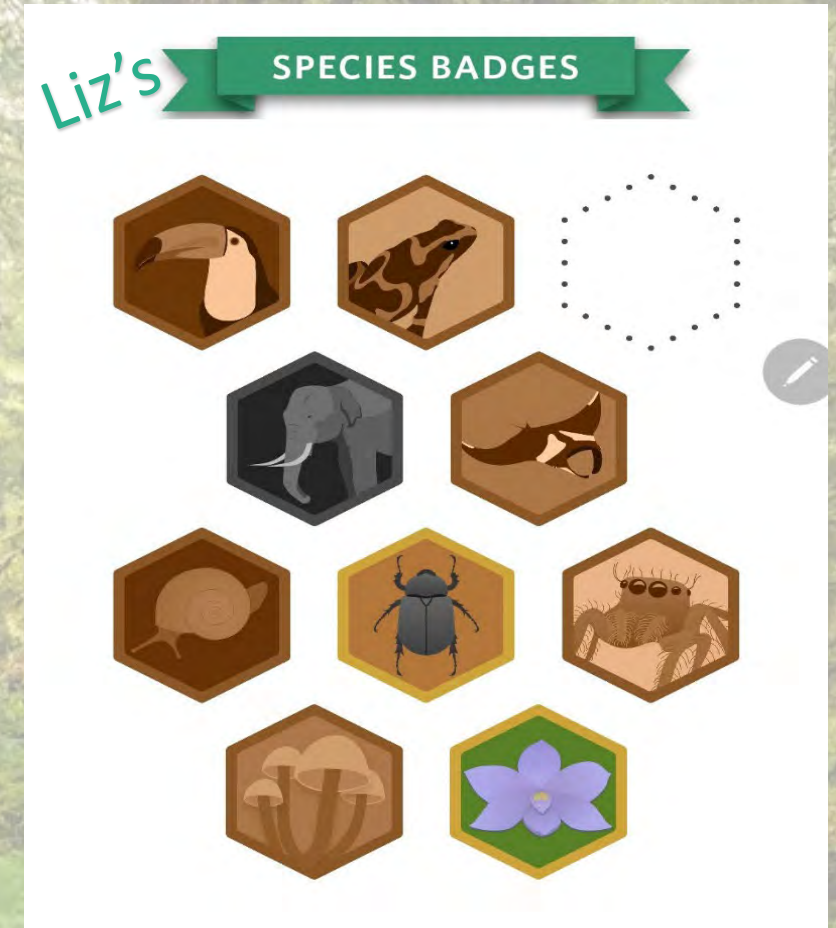


Golden plover chick  
Arctic tundra

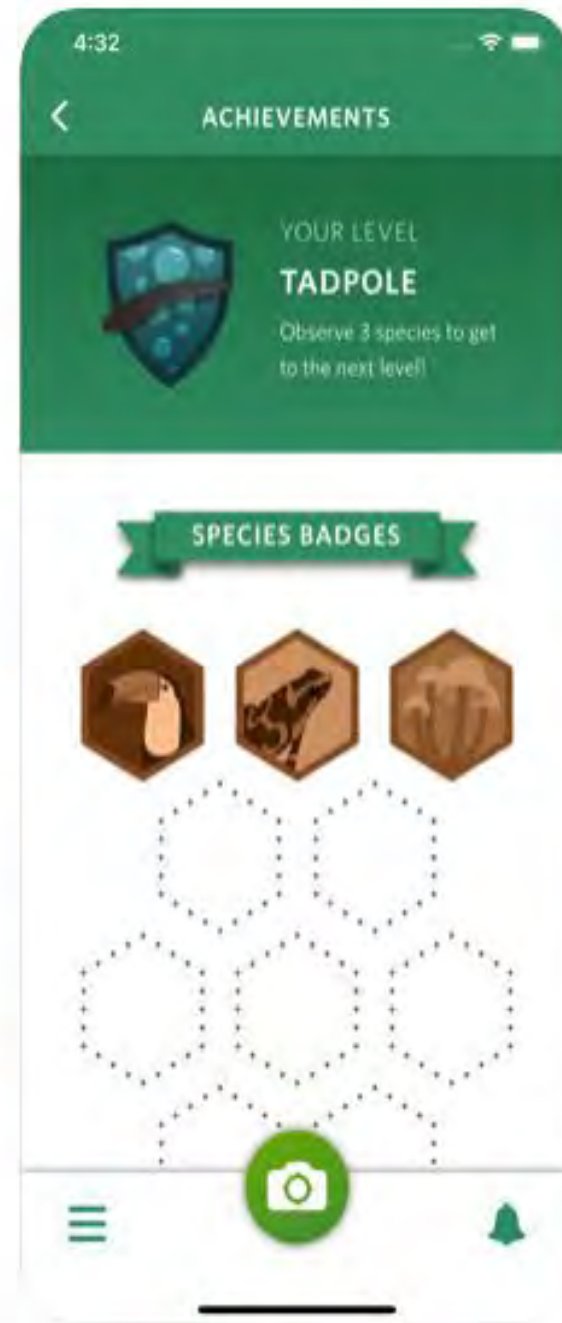


# Advantages of using Seek app technology in pedagogy

- Any level/rigor K-12 and beyond
- Any modality: online vs in-person, asynchronous vs synchronous
- Evidence-based, customizable
- Learner-technology interaction → culturally and contextually relevant









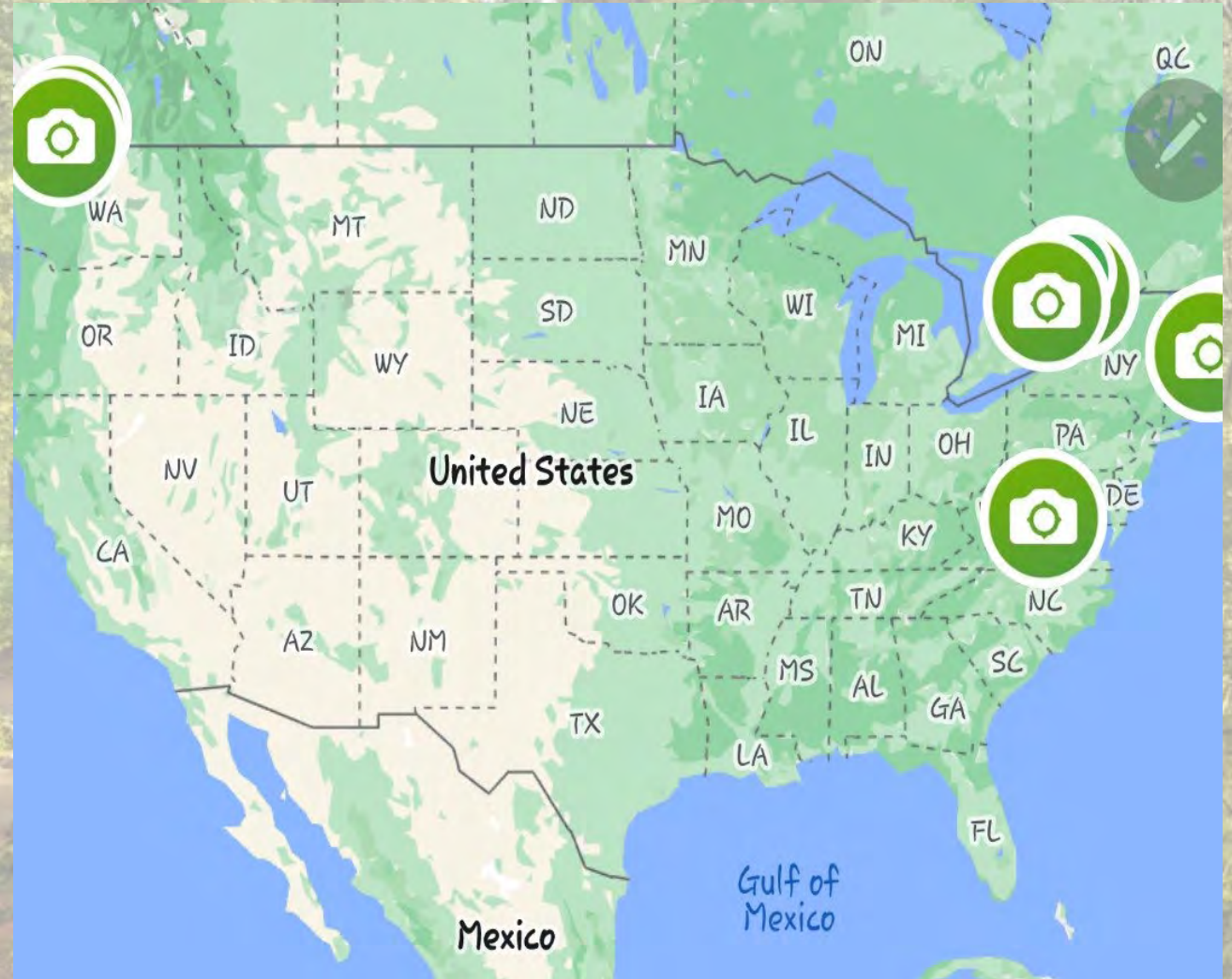
# How structure lesson?

Provide step-by-step instructions in multiple modes

- Text, image, and signed forms
- Scaffolding!

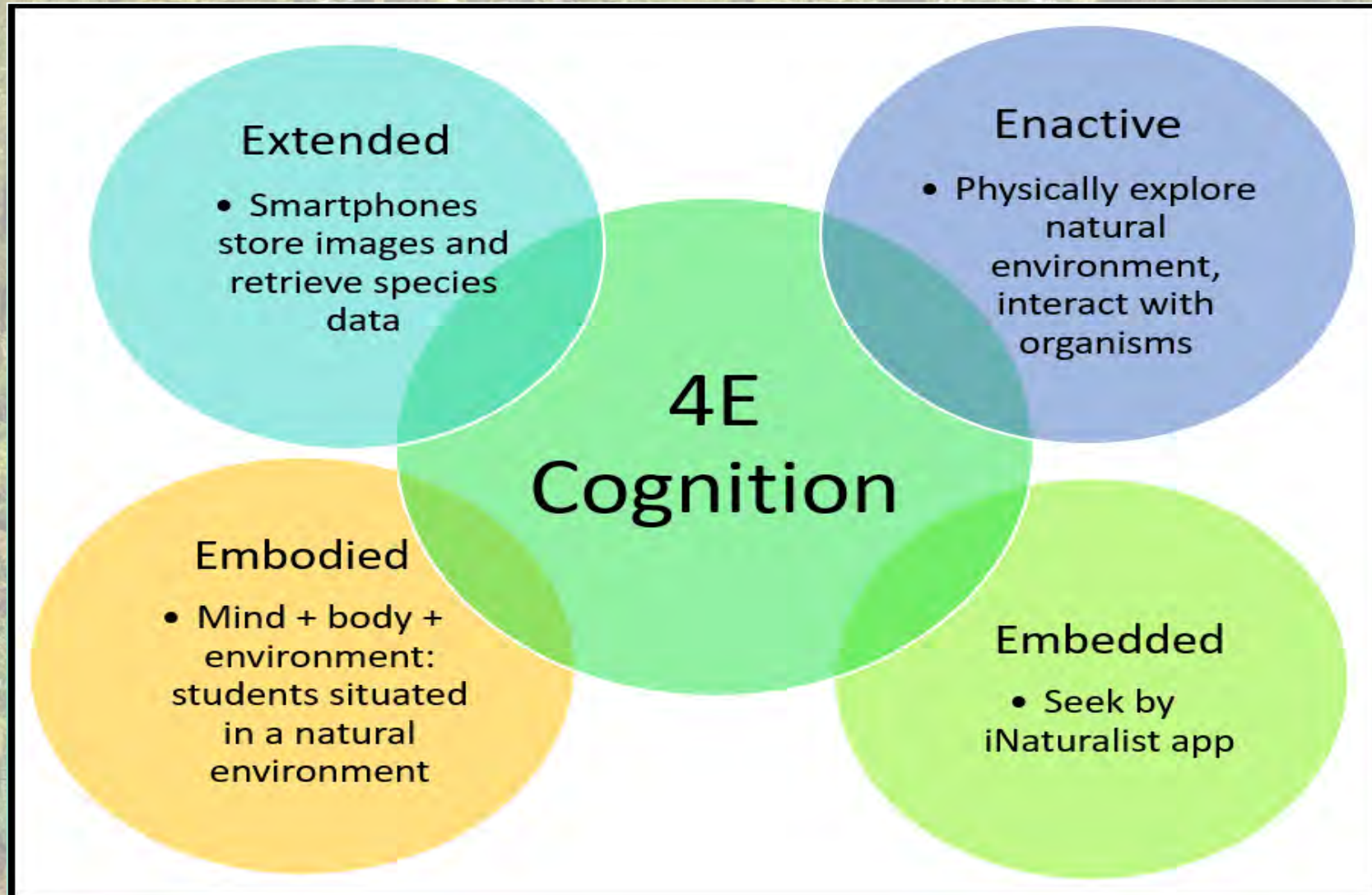
## Lesson activity

- Part 1: capture species observations in natural environment with Seek app
  - bioliteracy = image + text
- Part 2: reflective expression in science framework





# 4E Cognition through Seek by iNaturalist





## Student quotes: emotive cognition

I feel *motivated* to find more new plants and animals. It is like *collecting Pokémon characters*.

After learning the species name of my plants and animals using the Seek app, I felt *intrigued* as I want to keep learning. It made me more aware of the environment surrounding me.

During the search for plants and animals I felt *like a park ranger explorer*. Identifying things and learning about plants was cool. I also felt *alittle crazy*, because here I am getting all the angles to try to identify a species and people are watching me thinking what is she doing. Overall, it was a *cool experience* to be on the hunt for living things.



## Student quotes continued

The Seek app made me *more interested* in exploring natural environment. I intend to keep using the app beyond the semester because the app's ability to identify species and provide detailed information about them is amazing and it added an *educational and engaging aspect* to my outdoor experience.

I am a nature fan, but I never took interest in learning names of the different plants. I *learned better* and I found that there were many different species for seagull which was *very interesting*.

I *feel more enlightened* to learn new scientific terminology about the different taxonomic classification names for identifying organisms.

I *felt adventurous* for the very first time. It's like having a nature expert in your pocket!

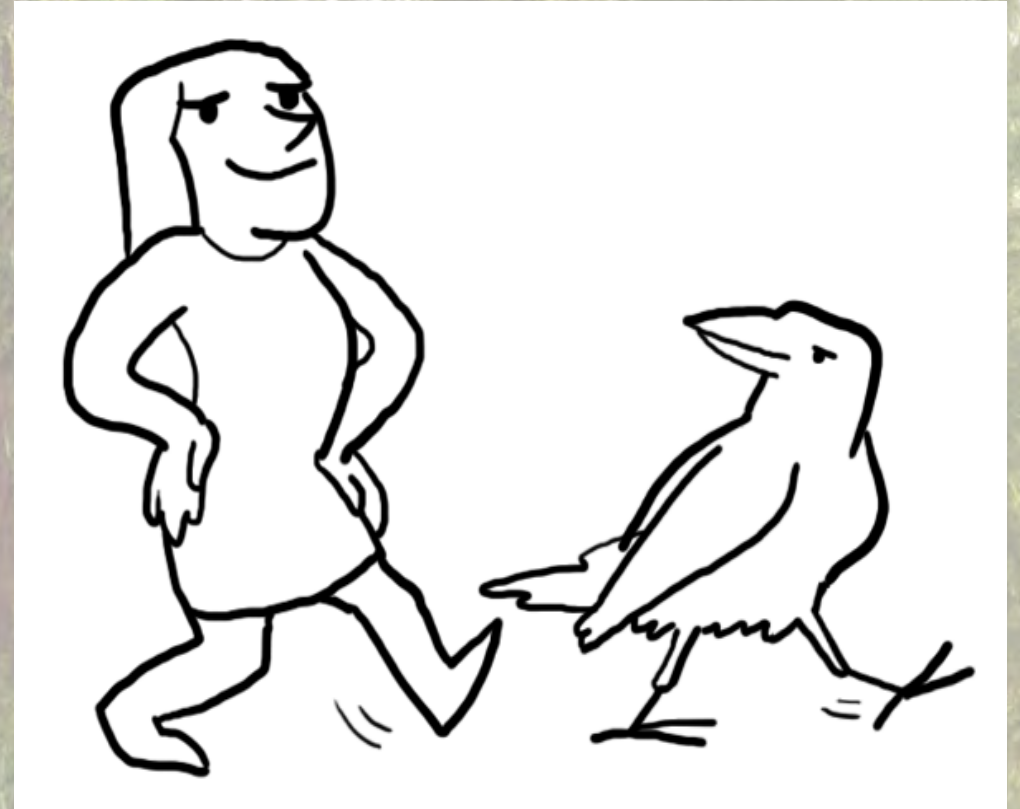
I *introduced my parents and sister* to this app. Them also being nature freaks, they immediately installed the app on their phones. They scan any new species they come across daily.



# Summary

## We discussed:

- Universal Design for Learning
- 4E's of cognition in pedagogy
- Seek by iNaturalist app
- TWO technology platforms demonstrated!
  - Mentimeter
  - Seek by iNaturalist



Ayers, E. (2024). Walking in an Environmental Scientist's Footprints: 4E Cognition Through the Seek by iNaturalist Citizen Science Application. *Journal of College Science Teaching*, 1-8.



# Thank you!

- Questions?

- Playtime!

- 1) Download Seek app on your smartphone

- 2) Use the Seek app to identify these plants!



The image is a promotional graphic for the 'seek' app by iNaturalist. It features a green background with a pattern of leaves. At the top left, the word 'seek' is written in white lowercase letters, followed by a white leaf icon and the text 'by iNaturalist'. Below this, the text 'Get outside, explore, and learn about the nature all around you!' is displayed. In the center, there are three smartphone screens showing the app's interface. The leftmost screen shows a monarch butterfly with the text 'Monarch' and 'iNaturalist'. The middle screen shows a 'SPECIES NEARBY' section for 'SAN FRANCISCO' with a list of species including 'California Poppy', 'Waxwing', and 'Honeycreeper'. The rightmost screen shows an 'ACHIEVEMENTS' section with a 'SURVEYOR' badge and a 'SPECIES RANGES' section. Below the screens, there are buttons for 'GET IT ON Google Play' and 'Download on the App Store'. Social media icons for Twitter and Instagram are shown with the handle '@seekbyinat'. At the bottom, the logos for 'CALIFORNIA ACADEMY OF SCIENCES' and 'NATIONAL GEOGRAPHIC' are displayed. A copyright notice '© 2019 California Academy of Sciences' is in the bottom right corner.